

# ALF EVALUATION

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Chief Complaint(s) : \_\_\_\_\_

1. Describe pregnancy: \_\_\_\_\_

2. MTHFR Testing? YES NO Explain: \_\_\_\_\_

3. Describe birth delivery: (normal, c-section, delayed, epidural, etc.) \_\_\_\_\_

4. Breast fed? YES NO

5. Breast fed for how long: \_\_\_\_\_

6. Painful or noisy breast feeding? YES NO Explain: \_\_\_\_\_

7. Visit with lactation consultant? YES NO Explain: \_\_\_\_\_

8. Did the baby experience any colic? YES NO Explain: \_\_\_\_\_

9. Supplemental bottle feeding? YES NO

10. At what age were solid foods introduced? \_\_\_\_\_

11. Crawling at what age? \_\_\_\_\_

12. Walking at what age? \_\_\_\_\_

13. Any trouble with fine motor skill development? (tying shoes, coordination, etc.) YES NO

Explain: \_\_\_\_\_

14. Any childhood diseases? \_\_\_\_\_

15. Vaccinations? \_\_\_\_\_

16. History of any medications or antibiotics? \_\_\_\_\_

17. Any sucking habits? (Thumb, fingers, shirts, blankets, cheeks, pencils, etc.) \_\_\_\_\_

18. Sensory issues? (photo sensitive, noise, textures, etc.) YES NO Explain: \_\_\_\_\_

\_\_\_\_\_

19. Messy eater, gulping while eating, fast/slow?      YES   NO   Explain: \_\_\_\_\_  
\_\_\_\_\_
20. Hiccups with regularity?      YES   NO   Explain: \_\_\_\_\_
21. Picky eater?      YES   NO   Explain: \_\_\_\_\_
22. Any gagging? (pills, foods, drinks, etc.) \_\_\_\_\_
23. Gas or bloating? \_\_\_\_\_
24. Any injuries, scars, or surgeries? Explain: \_\_\_\_\_
25. Any problems with tonsils and adenoids? (Removed, constantly swollen, trouble swallowing, etc.)  
\_\_\_\_\_
26. Describe sleep? (how long, interrupted, difficulty to fall asleep or wake up, etc.) \_\_\_\_\_  
\_\_\_\_\_
27. Bed wetting issues? \_\_\_\_\_
28. Sleep posture? (on back, side, stomach, etc.) \_\_\_\_\_
29. Teeth grinding?      YES   NO   Explain: \_\_\_\_\_
30. Snoring?      YES   NO   Explain: \_\_\_\_\_
31. Sleep apnea?      YES   NO   Explain: \_\_\_\_\_
32. Headaches?      YES   NO   Explain: \_\_\_\_\_
33. TMD pain or clicking of joints?      YES   NO   Explain: \_\_\_\_\_
34. Ear aches?      YES   NO   Explain: \_\_\_\_\_
35. History of ear infections or tubes?      YES   NO   Explain: \_\_\_\_\_
36. Breathing? (mouth, nasal, congested, difficulty, wheezing, etc.) \_\_\_\_\_  
\_\_\_\_\_
37. Allergies?      YES   NO   Explain: \_\_\_\_\_
38. Any pets?      YES   NO   Explain: \_\_\_\_\_
39. Posture assessment: (forward head posture, slouched, limp, etc.) \_\_\_\_\_  
\_\_\_\_\_

40. Any behavior or social issues? (ADD, ADHD, Autism, Ausberger's, etc.) \_\_\_\_\_

\_\_\_\_\_

41. Any academic or learning issues? \_\_\_\_\_

42. Activities, sports, musical instruments? \_\_\_\_\_

43. Lip posture? OPEN CLOSED

44. Gummy smile? YES NO

45. Palate size and shape? \_\_\_\_\_

46. Diastema's present? YES NO Where: \_\_\_\_\_

47. Maxillary bone restriction? \_\_\_\_\_

48. Tongue position? (low tongue posture, anterior thrusts, lateral thrusts, etc.)

\_\_\_\_\_

\_\_\_\_\_

49. Maxillary frenum: NORMAL MILD MODERATE HEAVY

50. Lingual frenum: NORMAL MILD MODERATE HEAVY

51. Crowding of maxillary teeth? \_\_\_\_\_

52. Crowding of mandibular teeth? \_\_\_\_\_

53. Open bite? YES NO

Attitude: Patient : \_\_\_\_\_ Parent: \_\_\_\_\_

Patient Goals: \_\_\_\_\_

\_\_\_\_\_

Comments: